MONDAY MORNING MEETING MINUTES

Meeting Date: June 5, 2023

Notes from the Monday Morning Coffee and Conversation 6-5-23

Marilyn had the coffee ready and opened the conversation at 9am. Unfortunately, our park had to go through another tough storm last night. It didn't last long but it caused much damage again.

Resident health update:

Thom McCann's older brother has passed away and he is going to be out of the park for at least a week.

Shirley Dutra's mother has passed away and she was already on her way there and will be gone for a while.

Long time resident Joan Cuda has lost her battle with cancer. She passed away last Friday.

Pam Brown is in Houston receiving radiation treatments for her cancer.

Sally's daughter Betsey is struggling with her cancer treatments.

Nancy Rickert is coming home tomorrow. She will receive antibiotics at home with the help of Jennifer Kirkland. John Willis is feeling better.

Joy Ochs is home; she is weak and having trouble breathing.

Marilyn offered up prayers for our friends on the above list, those in the park who received damages again from this storm and for all our northern friends.

Al updated Marilyn:

Palm trees will be cut this year. No date set yet.

The tree trimmers should be here by the end of the week. Marilyn stated that if you have a tree that needs work and it doesn't have yellow ribbon on it, give AI a call so that he has it on the list.

It is now hurricane season - please see the info at the end of this newsletter

Fourth of July plans have been made! Be prepared to have some fun. 11am golf cart parade, carts will be judged and prizes will be awarded! Marge and Len Johnson have volunteered to make pulled turkey sandwiches that will be sold for \$1. We will all bring a dish and it will be a feast! Sign up sheets will be posted by Marilyn. Marilyn is going to get the soft serve ice cream machine ready and we hope to have wonderful build your own sundae!

Marilyn will be gone July 21st through mid-August and is looking for someone to take over the Monday coffee meetings, give her a call.

HELP NEEDED AT THE DANCE ON WEDNESDAYS. CONTACT KATHLEEN RADTKE IF YOU CAN HELP OUT.

This week's activities:

Everyday:

- Water Aerobics 7:30am indoor pool, 9am outdoor pool
- Pickle Ball Mon through Sat 8am

Monday:

- Coffee & Conversation 9am
- Poker 6pm
- BINGO! Is at 7pm, you can start buying cards at 6:30pm.
- Cancelled for this week only.

Tuesday:

Contract Rummy 6pm Al Barnes

Wednesday:

Hot Dogs, Hamburgers Sausage starting at 5:30

• Dance, Steven May – 7pm

Thursday:

- Pickle Ball 8am
- Hand Knee and Foot 10:15 in AC room
- Thirsty Thursday Las Margarita's on 495/Veterans, meet 3:30 eat at 4
- Contract Rummy 6pm Al Barnes

Friday:

Horse collar – 6:30

Saturday:

Sunday:

Mexican Train 6pm Al Barnes

Be Red Cross Ready Hurricane Preparedness Checklist

What to Do: Before and Make Plans to Stay Safe

- · Mobile, manufactured, trailer homes and recreational vehicles
- (RVs) are not safe in high wind events. Plan ahead by preparing to evacuate to a safe location.
- *Plan to shelter safely the fire department recommends the bathrooms near the outdoor pool or the stage in the main hall.
- *Plan to stay connected
- · Sign up for free emergency alerts from your local government.
- Plan to monitor local weather and news.
- Have a backup battery or a way to charge your cell phone.
- Have a battery-powered radio during a power outage.
- · Understand the types of alerts that you may receive and have a plan to respond when you receive them.

- A WATCH means Be Prepared! - A WARNING means Take Action!

• Be ready to live without power. Utilities may be offline. Be ready to live without power, gas and water. Plan for your electrical needs, including cell phones and medical equipment. Talk to your doctor. Plan for backup power.

Gather emergency supplies

- Go-Kit: at least three days of supplies that you can carry with you. Include backup batteries and chargers for your devices (cell phone, CPAP, wheelchair, etc.) Stay-at-Home Kit: at least two weeks of supplies. Have a 1-month supply of medication in a child-proof container and medical supplies or equipment.
- · Keep personal, financial and medical records safe and easy to
- · access (hard copies or securely backed up). Consider keeping a list
- of your medications and dosages on a small card to carry with you.
- Protect Your Home

Wind

- · Secure or bring inside outdoor items, such as lawn furniture and
- trash cans, that could be picked up by high winds and hurt someone.
- Anchor objects that would be unsafe to bring inside, such as gas grills and propane tanks.